

Sacred Pathways Presents...

Passage to Peru: Heart's Calling

ITINERARY

Cuzco, the Sacred Valley, and Machu Picchu, July 21-31, 2013

This journey is designed for people following a spiritual or shamanic path. We will be receiving the transformational energy medicine of:

- The Great Rites from the Q'ero shaman, and Journey of Enlightenment
- Individual and group Despacho ceremony
- Fire ceremony under the southern night's sky
- Andean textiles and stones

All woven into our time together, and into the growing of our personal medicine.

Day 1 Sunday, July 21

Arrive in Cuzco, settle-in, drink 1-2 cups of coca tea if desired. 5 pm group meeting in the Lobby, and dinner near hotel.

Day 2 Monday, July 22

Morning tour of the Coricancha, energetic center of the Inca realm. Visit the Mountain of Sacsayhuaman, Sanctuary of Lightning, overlooking Cuzco, and Opening ceremony with the Q'ero shaman.

Day 3 Tuesday, July 23

Experience Killa Rumiyoq, a charming ancient site with towering natural stones, rushing waters, and one of the America's few lunar calendars. Become part of the fertile valley, celebrate in traditional despacho ceremony.

Day 4 Wednesday, July 24

Visit Chincheros Weaving Community with Nilda Callanaupa Alvarez, creator of the Center for Traditional Textiles in Cuzco. Celebrate the rebirth of the ancient Andean weaving tradition. These are some of Peru's finest weavers. Enjoy a traditional Peruvian lunch, before heading off to Pisac's famous market with stones, crystals, textiles, jewelry. Evening Fire Ceremony at our beautiful retreat center, with views of PISAQ site.

Day 5 Thursday, July 25

Climb the stairways of the Incas. Pisac offers a huge mountain site with trails, temples, and timeless secrets. We will begin at the top fountains, and enjoy the golden falcons living in the burial cliffs near by. Explore the buildings and walkways, until we find the perfect place for co-creative ceremony.

Day 6 Friday, July 26

Experience the amazing circular terraces and sanctuary of Moray. This is an agricultural sacred site where grains and fruits were raised for experimental and ceremonial use. Flanked by the great Apus (Mountains) and glacier field of Chigón. Feel the energy at the center, which has been described as a vortex and the womb of Pachamama.

Day 7 Saturday, July 27

Enter the Inca community of Ollantaytambo where the houses and streets remain in use since Inca times. An ancient aqueduct churns water through the streets. The mountainside site has some of the largest, most finely-crafted stones and walls in all of Peru. Consider lying on one of the stones and taking a Spirit Journey.

Day 8 Sunday, July 28

Relaxing spa day. Create your special day. Enjoy our beautiful hotel grounds, schedule a massage, taxi to Urubamba and visit the world renowned artist Seminario and/or receive an individual despacho with the Q'ero shaman. Pack and prepare for Machu Picchu.

Day 9 Monday, July 29

Early train to Machu Picchu, to arrive in time to explore the site in the afternoon light, just as most tourists are leaving. We'll see all the classic structures with fewer people. Dinner at one of many restaurants in Aguas Calientes.

Day 10 Tuesday, July 30

Return to Machu Picchu for sunrise, and options for climbing and meditating in the energy of the site. Visit the Sun Gate, the Inca Bridge, or climb to the top of Hauyña Picchu peak, where a spectacular view of mountains awaits. (special tickets are needed for this hike) Return train to Ollantaytambo.

Day 11 Wednesday, July 31

Taking the journey home, for those leaving, there will be a bus to transfer you and your luggage to the Cuzco airport, and return flights, to depart no earlier than 1 pm.

